



Enhancing aviation performance and safety through peer assistance

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Welcome to the first IPAAC newsletter! This is the first step in increasing our communication to make sure that IPAAC isn't just relevant for conference season only. Mental Health and Performance in safety-critical aviation personnel is a constant issue which needs constant attention. The IPAAC Executive and Advisory Committees work hard year-round to improve and advocate for peer support at the highest levels. We are also working on making the vast body of knowledge we are accumulating to be available to those in aviation who want to help their colleagues and set up a Peer Support Program.

We hope you find this newsletter informative and we will strive to evolve the format and produce them regularly. If you have any comments or need more information please email [info@ipaac.com](mailto:info@ipaac.com)

## Time to Tell the World you're Moving the Dial in Peer Support @ [IPAAC Montreal](#)



Your success and developments in peer support for any aviation safety sensitive role ought to be shared with the world. At its heart, IPAAC is all about sharing best practice - the IPAAC conference in Montreal November 10-13th is where we can hear about how you are advancing the field of peer support in your culture.

Link to your online IPAAC Conference Speaker Submission form here:

<https://tinyurl.com/IPAAC2025>

**Deadline for submissions is 15th June 2025**

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## Accelerated Learning Day (pre-conference) - Monday 10th November

New for this year's IPAAC conference is a day devoted to parallel mini-conferences on related topics to aviation peer support. This builds on last year's successful specialist workshops by devoting a whole day to certain key subjects such as Peer selection and training, Peer Support 201: the journey from inception to up and running, and we are proud to host a day devoted to discussing drugs and alcohol support programs from around the world. This will use the familiar IPAAC format of sharing best practices and learning.

In addition, we are delighted to announce that the University of North Dakota has agreed to hold its annual Mental Health Symposium on this day, bringing together key personnel from the university flight training school PSPs.

This Accelerated Learning Day will be sold as a stand-alone attendance, or will generate a discount if the delegate stays on for the full IPAAC conference, which we very much hope they will! More details to be announced as the plans are firmed up.

## Podcast, Pivotal Aviation MH research:



Even if you don't have time to read and process the extensive body of research published on mental health, here is a summary in the piloting context, provided as an easy to digest, informative short podcast. Follow this link (about 30s load time)

<https://notebooklm.google.com/notebook/55f9f9b8-e826-478a-881f-787214fe1b11/audio?pli=1&authuser=2>

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## Important Upcoming Conferences

Aerospace Medical Association: Atlanta, Jun 1-6, 2025

<https://asma-uhms-asm.org>

Eurocontrol Safety Forum: Brussels, Jun 5-6, 2025

<https://www.eurocontrol.int/event/safety-forum-2025>

Labor Assistance Professionals: Las Vegas, Jul 13-17, 2025

[https://www.laborassistanceprofessionals.com/?zone=/unionactive/view\\_page.cfm&page=202020LAP20Conference](https://www.laborassistanceprofessionals.com/?zone=/unionactive/view_page.cfm&page=202020LAP20Conference)

Flight Attendant Drug and Alcohol Program: Baltimore, Aug 19-21, 2025

<https://www.fadap.org/FADAPConferenceGeneralInformation2025>

HIMS Basic Education Seminar: Denver, 15-17 Sep 2025

[HIMS@aviationmedicine.com](https://HIMS@aviationmedicine.com)

International Society of Air Safety Investigators: Denver Sep 29 - Oct 3, 2025

<https://web.cvent.com/event/a6ec0291-9280-4529-b72f-fb38e0cabcl7/summary>

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**IPAAC: Promoting best practice and sharing experience and expertise from Peer Support Programmes (PSPs) all over the world.**