

The Fundamentals of Setting up and Developing Peer Support - From Compliance to Action

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29th September 2020 – 09.00 - 12.00

During this 3-hour workshop, we will be taking a look at the EU Regulation 1042/2018 which mandates the design, implementation and conduct of PPSPs within all EASA AOCs by August 14th, 2020. The workshop will take place at the very beginning of the conference. Therefore, the workshop may serve as a building block and foster further discussion during the conference by encompassing what implementation of PPSPs looks like in practice. Actually, most of the larger airlines within Europe either already are compliant or are well on their way. This does however leave a very large number of smaller AOCs who struggle for resources and suitable structures to put in place a compliant PPSP.

This workshop is aimed towards a variety of professionals coming from diverse operational backgrounds and who have been tasked with the design, implementation and conduct of a PPSP. With this in mind, the workshop will focus primarily on providing its attendees with the fundamentals required for a successful PPSP, whilst highlighting some crucial aspects for an effective implementation thereof; all of which will be based on the EPPSI Guide to Design and Implementation of PPSPs (<http://eppsi.eu/home-eppsi/eppsi-guide-on-peer-support/>).

However, we will also spend some time outlining the peculiar psychology of the commercial pilot which identifies the barriers and benefits of a well-run support programme.

The workshop will be divided into 6 individual parts in congruence with the EPPSI Guide:

- What is a Pilot Peer Support Programme and what it is not,
- Key Elements of PPSP,
- The Peer Support Process,
- Ownership and Structures,
- How to set up a PPSP,
- Key points from the European Legislation and AMC/GMs.

EPPSI will provide a panel of speakers to present these various topics. The panel will be present the whole time, as the presentations will be designed to stimulate questions and discussion on a rolling basis. EPPSI has considerable practical experience in the field of PPSPs, be it regarding the design, implementation or conduct of such programmes. The expertise of aviation and clinical psychologists as well as an experienced pilot who are currently active within successful PPSPs will be available to the audience for questions and answers throughout.